



## Electrolysis Aftercare

A good programme of hygienic home-care will avoid spots or minor infections occurring following electrolysis. It is important for you to remember to take extra care of the treated area to give the skin every opportunity to heal and return to normal, especially within the first 48 hours. Within the first 24 hours of electrolysis, the treated area should be disturbed as little as possible, although further applications of the recommended antiseptic may be re-applied. In any case, within the first 48 hours of electrolysis, it is very important that further applications of the recommended antiseptic are made at least twice daily, morning and night, preferably using a cotton wool pad, and you should always wash your hands thoroughly before and after touching the treated area.

**Use of Make-Up** The use of make-up post epilation is not recommended as it is likely that bacteria is carried in the make-up and will cause infection. However it is important to be practical, and it is understood that clients may see it as a necessity to wear make-up. Therefore a tinted aftercare lotion is available for the purpose. It is important to remember that any make-up used must be removed thoroughly but gently and carefully, taking care to not remove any crusts that may have formed as part of the natural healing process, using an un-perfumed cleanser suitable for sensitive skins. This should be followed by a further application of antiseptic lotion or gel.

**Bleaching** If you normally use, or wish to use a bleach to lighten hair in the area in between treatments, then you must not use it for at least 48 hours following electrolysis.

**Regrowth and Untreated Hair** Once a course of electrolysis has commenced, should you wish or need to remove hair from the treatment area in between appointments, the hair may be cut with scissors or razor, but must not be tweezed or waxed, and neither should a cream depilatory be used in the area. However, please remember that you will need to leave enough hair visible to be able to grip comfortably with a pair of tweezers, usually 1-2 mm of growth is sufficient, for your appointments. It is possible to work with less, however it may impair progress.

**General Skincare** Rich creams and moisturisers should be avoided for the first 48 hours after electrolysis. After this time, gently massaging the area will assist healing. Any rashes or minor infections in the area should be treated in the same way as previously described. Cortisone/steroid creams should not be used. It is also advised to avoid exposure to the harmful rays of direct sunlight, and where possible, a good sunscreen should be used.

**REMEMBER, ALWAYS WASH YOUR HANDS THOROUGHLY BEFORE AND AFTER TOUCHING THE TREATED AREA FOLLOWING ELECTROLYSIS. GOOD HYGIENE IS PARAMOUNT.**

Client Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_