DERMAL NEEDLING AFTER CARE

Post Treatment Immediately after your Needling/Dermal roller treatment you will look as though you have moderate sunburn and your skin may feel warm and tighter than usual. This will start to subside after 1 to 2 hours and will normally recover within the

same day with only slight redness the following day. Your practitioner will prescribe post procedure skincare after the procedure to help soothe, calm and protect the skin. Continue to use for 3 days. Active skincare can be resumed again after day 3.

Clean Use a soothing cleanser / face wash with tepid water to cleanse the face for the following 48 hours and dry gently. Always make sure your hands are clean when touching the treated area.

Heal Copper based skincare is recommended post treatment as the mineral properties are prefect to help heal the skin but will also create a sterile skin too.

Hydrate Following your Dermaroller treatment as the skin may well feel drier than normal. Hyaluronic Acid is an ideal ingredient to hydrate and restore the skin back to a perfect balance.

Stimulate In the days following your Dermaroller treatment as the skin starts to regenerate, collagen stimulating peptides are ideal to keep the stimulation going.

Make-up It is recommended that make up is not applied for 12 hours after the procedure although your practitioner may be able to supply you with specialised mineral make-up that they feel would be suitable for use during this period. Do not apply any make up with a make-up brush, especially if it is not clean.

Protect Immediately after the procedure apply a broad spectrum UVA/UVB sunscreen with a SPF30. A chemical free sunscreen is highly recommended.

What to Avoid To ensure the right healing environment, for at least 2 days post treatment, do NOT use any Alpha Hydroxy Acids, Beta Hydroxy Acid, Retinol (Vitamin A), Vitamin C (in a low pH formula) or anything perceived as 'active' skincare.

Client Name: _____ Signature: _____ Date: _____