



AFTER CARE FOR WAXING

FOR AT LEAST 24 HOURS

Please do not do any of the following for **at least 24 hours** after your wax treatment –

- No hot bath or shower. Have a lukewarm shower and wash with a mild bodywash or soap only.
- Avoid sunbathing.
- Avoid heat or ultraviolet treatments such as sunbeds and saunas.
- Avoid tight clothing.
- Avoid the use of perfumed products.
- Do not rub or touch the area. Empty follicles provide a route for bacteria invasion.
- Avoid deodorant or antiperspirant.
- Avoid using self-tanning products and makeup.
- Avoid bathing in the swimming pool or in the sea.
- Do not scrub the area.

Doing any of the above could cause irritation or breakouts.

If any irritation of the treated area occurs, apply a clean, cool damp cloth to the area for 10 minutes then Calamine lotion, Aloe Vera or a soothing Antiseptic Cream.

48 HOURS AFTER YOUR WAX

- Gently Exfoliate or Loofa the waxed area every day to prevent ingrown hairs and to slough off dead skin.
- Moisturise the waxed area daily to smooth the skin and allow the hairs to come through the skin more easily.

Waxing isn't for everyone. Some people has unknown contraindications and/or suffer reactions to the wax or products used. In the unlikely event your skin in the waxed area remains extremely painful after 24 hours, starts to bleed, is torn off or scabs, then something is not right and you should seek immediate Medical advice.

Client Name: _____ Signature: _____ Date: _____